

DEVELOPMENTAL CHECKLIST - 1 TO 3 MONTHS

CHILD'S NAME: _____

DATE OF BIRTH: _____

TODAY'S DATE: _____

OBSERVED

MOVEMENT

- ✓ Raises head and cheek when lying on stomach (3 mos.)
- ✓ Supports upper body with arms when lying on stomach (3 mos.)
- ✓ Stretches legs out when lying on stomach or back (2-3 mos.)
- ✓ Opens and shuts hands (2-3 mos.)
- ✓ Pushes down on his legs when his feet are placed on firm surface (3 mos.)

VISUAL

- ✓ Watches face intently (2-3 mos.)
- ✓ Follows moving objects (2 mos.)
- ✓ Recognizes familiar objects and people at a distance (3 mos.)
- ✓ Starts using hands and eyes in coordination (3 mos.)

HEARING AND SPEECH

- ✓ Smiles at the sound of voice (2-3 mos.)
- ✓ Cooing noises; vocal play (begins at 3 mos.)
- ✓ Attends to sound (1-3 mos.)
- ✓ Startles to loud noise (1-3 mos.)

SOCIAL/EMOTIONAL

- ✓ Begins to develop a social smile (1-3 mos.)
- ✓ Enjoys playing with other people and may cry when playing stops (2-3 mos.)
- ✓ Becomes more communicative and expressive with face and body (2-3 mos.)
- ✓ Imitates some movements and facial expressions

DEVELOPMENTAL RED FLAGS (1 TO 3 MONTHS)

- ✓ Doesn't seem to respond to loud noises
- ✓ Doesn't follow moving objects with eyes by 2 to 3 months
- ✓ Doesn't smile at the sound of your voice by 2 months
- ✓ Doesn't grasp and hold objects by 3 months
- ✓ Doesn't smile at people by 3 months
- ✓ Cannot support head well at 3 months
- ✓ Doesn't reach for and grasp toys by 3 to 4 months
- ✓ Doesn't bring objects to mouth by 4 months
- ✓ Doesn't push down with legs when feet are placed on a firm surface by 4 months
- ✓ Has trouble moving one or both eyes in all directions
- ✓ Crosses eyes most of the time (occasional crossing of the eyes is normal in these first months)

COMMENTS:

*The observations of Noble Day Care teachers are not meant to substitute for a doctor's opinion. If you are concerned about your child's development consult a professional.

DEVELOPMENTAL RED FLAGS (4 TO 7 MONTHS)

- ✓ Seems very stiff, tight muscles
- ✓ Seems very floppy, like a rag doll
- ✓ Head still flops back when body is pulled to sitting position (by 5months still exhibits head lag)
- ✓ Shows no affection for the person who cares for them
- ✓ Doesn't seem to enjoy being around people
- ✓ One or both eyes consistently turn in or out
- ✓ Persistent tearing, eye drainage, or sensitivity to light
- ✓ Does not respond to sounds around them
- ✓ Has difficulty getting objects to mouth
- ✓ Does not turn head to locate sounds by 4 months
- ✓ Doesn't roll over (stomach to back) by 6 months
- ✓ Cannot sit with help by 6 months (not by themselves)
- ✓ Does not laugh or make squealing sounds by 5 months
- ✓ Does not actively reach for objects by 6 months
- ✓ Does not follow objects with both eyes
- ✓ Does not bear some weight on legs by 5 months

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LANGUAGE MILESTONES (cont)

OBSERVED

- ✓ Babbles “dada” and “mama” (8-10 mos.)
- ✓ Says “dada” and “mama” for specific person (11-12 mos.)
- ✓ Uses exclamations such as “oh-oh”

SOCIAL/EMOTIONAL

- ✓ Shy or anxious with strangers (8-12 mos.)
- ✓ Cries when mother or father leaves (8-12 mos.)
- ✓ Enjoys imitating people in his play (10-12 mos.)
- ✓ Shows specific preferences for certain people and toys (8-12 mos.)
- ✓ Prefers mother and/or regular care provider over all others (8-12 mos.)
- ✓ Repeats sounds or gestures for attention (10-12 mos.)
- ✓ Finger-feeds himself (8-12 mos.)
- ✓ Extends arm or leg to help when being dressed

DEVELOPMENTAL RED FLAGS (8 TO 12 MONTHS)

- ✓ Does not crawl
- ✓ Drags one side of body while crawling (for over one month)
- ✓ Cannot stand when supported
- ✓ Does not search for objects that are hidden (10-12 mos.)
- ✓ Says no single words (“mama” or “dada”)
- ✓ Does not learn to use gestures such as waving or shaking head
- ✓ Does not sit steadily by 10 months
- ✓ Does not show interest in “peek-a-boo” or “patty cake” by 8 mos.
- ✓ Does not babble by 8 mos. (“dada,” “baba,” “mama”)

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DEVELOPMENTAL CHECKLIST - 12 TO 24 MONTHS

CHILD'S NAME: _____

DATE OF BIRTH: _____

TODAY'S DATE: _____

OBSERVED

MOVEMENT

- ✓ Walks alone (12-16 mos.) _____
- ✓ Pulls toys behind him while walking (13-16 mos.) _____
- ✓ Carries large toy or several toys while walking (12-15 mos.) _____
- ✓ Begins to run stiffly (16-18 mos.) _____
- ✓ Walks into ball (18-24 mos.) _____
- ✓ Climbs onto and down from furniture unsupported (16-24 mos.) _____
- ✓ Walks up and down stairs holding on to support (18-24 mos.) _____

HAND AND FINGER SKILLS

- ✓ Scribbles spontaneously (14-16 mos.) _____
- ✓ Turns over container to pour out contents (12-18 mos.) _____
- ✓ Builds tower of four blocks or more (20-24 mos.) _____

LANGUAGE

- ✓ Points to object or picture when it's named for them (18-24 mos.) _____
- ✓ Recognizes names of familiar people, objects, and body parts (18-24 mos.) _____
- ✓ Says several single words (15-18 mos.) _____
- ✓ Uses two-word sentences (18-24 mos.) _____
- ✓ Follows simple, one-step instructions (14-18 mos.) _____
- ✓ Repeats words overheard in conversations (16-18 mos.) _____

COGNITIVE

- ✓ Finds objects even when hidden under 2 or 3 covers _____
- ✓ Begins to sort shapes and colors (20-24 mos.) _____
- ✓ Begins make-believe play (20-24 mos.) _____

SOCIAL

- ✓ Imitates behavior of others, especially adults and older children (18-24 mos.) _____
- ✓ Increasingly enthusiastic about company or other children (20-24 mos.) _____
- ✓ Demonstrates increasing independence (18-24 mos.) _____
- ✓ Begins to show defiant behavior (18-24 mos.) _____
- ✓ Episodes of separation anxiety increase toward midyear, then fade _____

DEVELOPMENTAL RED FLAGS (12 TO 24 MONTHS)

- ✓ Cannot walk by 18 months
- ✓ Fails to develop a mature heel-toe walking pattern after several months of walking, or walks exclusively on toes
- ✓ Does not speak at least 15 words by 18 months
- ✓ Does not use two-word sentences by age 2
- ✓ By 15 months does not seem to know the function of common household objects (brush, telephone, bell, fork, spoon)
- ✓ Does not imitate actions or words by 24 mos.
- ✓ Does not follow simple one-step instructions by 24 mos.

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