DEVELOPMENTAL CHECKLIST - 1 TO 3 MONTHS

CHILD'S NAME:	
DATE OF BIRTH:	
TODAY'S DATE:	
	OBSERVED
MOVEMENT	
Raises head and cheek when lying on stomach (3 mos.)	
✓ Supports upper body with arms when lying on stomach (3 mos.)	
✓ Stretches legs out when lying on stomach or back (2-3 mos.)	
✓ Opens and shuts hands (2-3 mos.)	
✓ Pushes down on his legs when his feet are placed on firm surface (3 mos.)	
<u>VISUAL</u>	
✓ Watches face intently (2-3 mos.)	
✓ Follows moving objects (2 mos.)	
✓ Recognizes familiar objects and people at a distance (3 mos.)	
✓ Starts using hands and eyes in coordination (3 mos.)	
HEARING AND SPEECH	
✓ Smiles at the sound of voice (2-3 mos.)	
✓ Cooing noises; vocal play (begins at 3 mos.)	
✓ Attends to sound (1-3 mos.)	
✓ Startles to loud noise (1-3 mos.)	
SOCIAL/EMOTIONAL	
✓ Begins to develop a social smile (1-3 mos.)	
✓ Enjoys playing with other people and may cry when playing stops (2-3 mos.)	
✓ Becomes more communicative and expressive with face and body (2-3 mos.)	
✓ Imitates some movements and facial expressions	

DEVELOPMENTAL RED FLAGS (1 TO 3 MONTHS)

- ✓ Doesn't seem to respond to loud noises
- ✓ Doesn't follow moving objects with eyes by 2 to 3 months
- ✓ Doesn't smile at the sound of your voice by 2 months
- ✓ Doesn't grasp and hold objects by 3 months
- ✓ Doesn't smile at people by 3 months
- ✓ Cannot support head well at 3 months
- ✓ Doesn't reach for and grasp toys by 3 to 4 months
- ✓ Doesn't bring objects to mouth by 4 months
- ✓ Doesn't push down with legs when feet are placed on a firm surface by 4 months
- ✓ Has trouble moving one or both eyes in all directions
- ✓ Crosses eyes most of the time (occasional crossing of the eyes is normal in these first months)

COMMENTS:			

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DEVELOPMENTAL CHECKLIST - 4 TO 7 MONTHS

CHILD'S NAME:	
DATE OF BIRTH:	
DATE OF BIRTH.	
TODAY'S DATE:	
	OBSERVED
	OBSERVED
<u>MOVEMENT</u>	
✓ Pushes up on extended arms (5 mos.)	
✓ Pulls to sitting with no head lag (5 mos.)	
✓ Sits with support of his hands (5-6 mos.)	
✓ Sits unsupported for short periods (6-8 mos.)	
✓ Supports whole weight on legs (6-7 mos.)	
✓ Grasps feet (6 mos.)	
✓ Transfers objects from hand to hand (6-7 mos.)	
✓ Uses raking grasp (not pincer) (6 mos.)	
VISUAL	
✓ Looks for toy beyond tracking range (5-6 mos.)	
✓ Tracks moving objects with ease (4-7 mos.)	
✓ Grasps objects dangling in front of him (5-6 mos.)	
✓ Looks for fallen toys (5-7 mos.)	
<u>LANGUAGE</u>	
✓ Distinguishes emotions by tone of voice (4-7 mos.)	
✓ Responds to sound by making sounds (4-6 mos.)	
✓ Uses voice to express joy and displeasure (4-6 mos.)	
✓ Syllable repetition begins (5-7 mos.)	
COGNITIVE	
✓ Finds partially hidden objects (6-7 mos.)	
✓ Explores with hands and mouth (4-7 mos.)	
✓ Struggles to get objects that are out of reach (5-7 mos.)	
SOCIAL EMOTIONAL	
✓ Enjoys social play (4-7 mos.)	
✓ Interested in mirror images (5-7 mos.)	
Responds to other people's expression of emotion (4-7 mos.)	

DEVELOPMENTAL RED FLAGS (4 TO 7 MONTHS)

- ✓ Seems very stiff, tight muscles
- ✓ Seems very floppy, like a rag doll
- ✓ Head still flops back when body is pulled to sitting position (by 5months still exhibits head lag)
- ✓ Shows no affection for the person who cares for them
- ✓ Doesn't seem to enjoy being around people
- ✓ One or both eyes consistently turn in or out
- ✓ Persistent tearing, eye drainage, or sensitivity to light
- ✓ Does not respond to sounds around them
- ✓ Has difficulty getting objects to mouth
- ✓ Does not turn head to locate sounds by 4 months
- ✓ Doesn't roll over (stomach to back) by 6 months
- ✓ Cannot sit with help by 6 months (not by themselves)
- ✓ Does not laugh or make squealing sounds by 5 months
- ✓ Does not actively reach for objects by 6 months
- ✓ Does not follow objects with both eyes
- ✓ Does not bear some weight on legs by 5 months

COMMENTS:		

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DEVELOPMENTAL CHECKLIST - 8 TO 12 MONTHS

CHILD'S NAME:	
DATE OF BIRTH:	
TODAY'S DATE:	
	OBSERVED
MOVEMENT	
Gets to sitting position without assistance (8-10 mos.)	
Crawls forward on belly	
Assumes hand and knee position	
✓ Creeps on hands and knees	
Gets from sitting to crawling or prone (lying on stomach) position (10-12 mos.)	
Pulls self up to standing position	
✓ Walks holding on to furniture	
Stands momentarily without support	
May walk two or three steps without support	
HAND AND FINGER SKILLS	
Uses pincer grasp (grasp using thumb and index finger) (7-10 mos.)	
Bangs two one-inch cubes together	
Puts objects into container (10-12 mos.)	
Takes objects out of container (10-12 mos.)	
Pokes with index finger	
Tries to imitate scribbling	
COGNITIVE	
Explores objects in many different ways (shaking, banging, throwing, dropping) (8-10 mos.)	
Finds hidden objects easily (10-12 mos.)	
Looks at correct picture when image is named	
Imitates gestures (9-12 mos.)	
LANGUAGE MILESTONES	
Responds to simple verbal requests	
Responds to "no"	
Makes simple gestures such as shaking head for no	
✓ Babbles with inflection (8-10 mos.)	

LANGUAGE MILESTONES (cont)	OBSERVED
Babbles "dada" and "mama" (8-10 mos.)	
✓ Says "dada" and "mama" for specific person (11-12 mos.)	
✓ Uses exclamations such as "oh-oh"	
SOCIAL/EMOTIONAL	
✓ Shy or anxious with strangers (8-12 mos.)	
✓ Cries when mother or father leaves (8-12 mos.)	
✓ Enjoys imitating people in his play (10-12 mos.)	
✓ Shows specific preferences for certain people and toys (8-12 mos.)	
✓ Prefers mother and/or regular care provider over all others (8-12 mos.)	
Repeats sounds or gestures for attention (10-12 mos.)	
✓ Finger-feeds himself (8-12 mos.)	
✓ Extends arm or leg to help when being dressed	·
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DEVELOPMENTAL RED FLAGS (8 TO 12 MONTHS)	
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✓ Does not crawl	
✓ Drags one side of body while crawling (for over one month)	
Cannot stand when supported	
Does not search for objects that are hidden (10-12 mos.)	
Says no single words ("mama" or "dada")	
Does not learn to use gestures such as waving or shaking head	
Does not sit steadily by 10 months	
Does not show interest in "peek-a-boo" or "patty cake" by 8 mos.	
Does not babble by 8 mos. ("dada," "baba," "mama")	
COMMENTS:	

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DEVELOPMENTAL CHECKLIST - 12 TO 24 MONTHS

CHILD'S NAME:	
DATE OF BIRTH:	
TODAY'S DATE:	
	OBSERVED
MOVEMENT	
✓ Walks alone (12-16 mos.)	
✓ Pulls toys behind him while walking (13-16 mos.)	
✓ Carries large toy or several toys while walking (12-15 mos.)	
✓ Begins to run stiffly (16-18 mos.)	
✓ Walks into ball (18-24 mos.)	
✓ Climbs onto and down from furniture unsupported (16-24 mos.)	
✓ Walks up and down stairs holding on to support (18-24 mos.)	
HAND AND FINGER SKILLS	
Scribbles spontaneously (14-16 mos.)	
✓ Turns over container to pour out contents (12-18 mos.)	
Builds tower of four blocks or more (20-24 mos.)	
<u>LANGUAGE</u>	
Points to object or picture when it's named for them (18-24 mos.)	
Recognizes names of familiar people, objects, and body parts (18-24 mos.)	
Says several single words (15-18 mos.)	
✓ Uses two-word sentences (18-24 mos.)	
Follows simple, one-step instructions (14-18 mos.)	
Repeats words overheard in conversations (16-18 mos.)	
COGNITIVE	
Finds objects even when hidden under 2 or 3 covers	
Begins to sort shapes and colors (20-24 mos.)	
Begins make-believe play (20-24 mos.) SOCIAL	
Imitates behavior of others, especially adults and older children (18-24 mos.)	
✓ Increasingly enthusiastic about company or other children (20-24 mos.)	
✓ Demonstrates increasing independence (18-24 mos.)	
✓ Begins to show defiant behavior (18-24 mos.)	
✓ Episodes of separation anxiety increase toward midyear, then fade	

DEVELOPMENTAL RED FLAGS (12 TO 24 MONTHS)

✓ Cannot walk by 18 months

√	Fails to develop a mature heel-toe walking pattern after several months of walking, or walks exclusively on toes
\checkmark	Does not speak at least 15 words by 18 months
\checkmark	Does not use two-word sentences by age 2
✓	By 15 months does not seem to know the function of common household objects (brush, telephone, bell, fork, spoon)
\checkmark	Does not imitate actions or words by 24 mos.
√	Does not follow simple one-step instructions by 24 mos.
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C	DMMENTS:

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