DEVELOPMENTAL CHECKLIST - 1 TO 3 MONTHS

CHILD’S NAME: ____________________________________________

DATE OF BIRTH: __________________________________________

TODAY’S DATE: ___________________________________________

MOVEMENT
✓ Raises head and cheek when lying on stomach (3 mos.) 
✓ Supports upper body with arms when lying on stomach (3 mos.) 
✓ Stretches legs out when lying on stomach or back (2-3 mos.) 
✓ Opens and shuts hands (2-3 mos.) 
✓ Pushes down on his legs when his feet are placed on firm surface (3 mos.)

VISUAL
✓ Watches face intently (2-3 mos.)
✓ Follows moving objects (2 mos.)
✓ Recognizes familiar objects and people at a distance (3 mos.)
✓ Starts using hands and eyes in coordination (3 mos.)

HEARING AND SPEECH
✓ Smiles at the sound of voice (2-3 mos.)
✓ Cooing noises; vocal play (begins at 3 mos.)
✓ Attends to sound (1-3 mos.)
✓ Startles to loud noise (1-3 mos.)

SOCIAL/EMOTIONAL
✓ Begins to develop a social smile (1-3 mos.)
✓ Enjoys playing with other people and may cry when playing stops (2-3 mos.)
✓ Becomes more communicative and expressive with face and body (2-3 mos.)
✓ Imitates some movements and facial expressions
DEVELOPMENTAL RED FLAGS (1 TO 3 MONTHS)

✔ Doesn’t seem to respond to loud noises
✔ Doesn’t follow moving objects with eyes by 2 to 3 months
✔ Doesn’t smile at the sound of your voice by 2 months
✔ Doesn’t grasp and hold objects by 3 months
✔ Doesn’t smile at people by 3 months
✔ Cannot support head well at 3 months
✔ Doesn’t reach for and grasp toys by 3 to 4 months
✔ Doesn’t bring objects to mouth by 4 months
✔ Doesn’t push down with legs when feet are placed on a firm surface by 4 months
✔ Has trouble moving one or both eyes in all directions
✔ Crosses eyes most of the time (occasional crossing of the eyes is normal in these first months)

COMMENTS:

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# DEVELOPMENTAL CHECKLIST - 4 TO 7 MONTHS

**CHILD’S NAME:**  
________________________________________________________

**DATE OF BIRTH:**  
________________________________________________________

**TODAY’S DATE:**  
________________________________________________________

**MOBMENT**  
- ✓ Pushes up on extended arms (5 mos.)
- ✓ Pulls to sitting with no head lag (5 mos.)
- ✓ Sits with support of his hands (5-6 mos.)
- ✓ Sits unsupported for short periods (6-8 mos.)
- ✓ Supports whole weight on legs (6-7 mos.)
- ✓ Grasps feet (6 mos.)
- ✓ Transfers objects from hand to hand (6-7 mos.)
- ✓ Uses raking grasp (not pincer) (6 mos.)

**VISUAL**  
- ✓ Looks for toy beyond tracking range (5-6 mos.)
- ✓ Tracks moving objects with ease (4-7 mos.)
- ✓ Grasps objects dangling in front of him (5-6 mos.)
- ✓ Looks for fallen toys (5-7 mos.)

**LANGUAGE**  
- ✓ Distinguishes emotions by tone of voice (4-7 mos.)
- ✓ Responds to sound by making sounds (4-6 mos.)
- ✓ Uses voice to express joy and displeasure (4-6 mos.)
- ✓ Syllable repetition begins (5-7 mos.)

**COGNITIVE**  
- ✓ Finds partially hidden objects (6-7 mos.)
- ✓ Explores with hands and mouth (4-7 mos.)
- ✓ Struggles to get objects that are out of reach (5-7 mos.)

**SOCIAL EMOTIONAL**  
- ✓ Enjoys social play (4-7 mos.)
- ✓ Interested in mirror images (5-7 mos.)
- ✓ Responds to other people’s expression of emotion (4-7 mos.)
DEVELOPMENTAL RED FLAGS (4 TO 7 MONTHS)

✓ Seems very stiff, tight muscles
✓ Seems very floppy, like a rag doll
✓ Head still flops back when body is pulled to sitting position (by 5 months still exhibits head lag)
✓ Shows no affection for the person who cares for them
✓ Doesn’t seem to enjoy being around people
✓ One or both eyes consistently turn in or out
✓ Persistent tearing, eye drainage, or sensitivity to light
✓ Does not respond to sounds around them
✓ Has difficulty getting objects to mouth
✓ Does not turn head to locate sounds by 4 months
✓ Doesn’t roll over (stomach to back) by 6 months
✓ Cannot sit with help by 6 months (not by themselves)
✓ Does not laugh or make squealing sounds by 5 months
✓ Does not actively reach for objects by 6 months
✓ Does not follow objects with both eyes
✓ Does not bear some weight on legs by 5 months

COMMENTS:

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## DEVELOPMENTAL CHECKLIST - 8 TO 12 MONTHS

**CHILD’S NAME:**

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**DATE OF BIRTH:**

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**TODAY’S DATE:**

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### MOVEMENT

- ✓ Gets to sitting position without assistance (8-10 mos.)
- ✓ Crawls forward on belly
- ✓ Assumes hand and knee position
- ✓ Creeps on hands and knees
- ✓ Gets from sitting to crawling or prone (lying on stomach) position (10-12 mos.)
- ✓ Pulls self up to standing position
- ✓ Walks holding on to furniture
- ✓ Stands momentarily without support
- ✓ May walk two or three steps without support

### HAND AND FINGER SKILLS

- ✓ Uses pincer grasp (grasp using thumb and index finger) (7-10 mos.)
- ✓ Bangs two one-inch cubes together
- ✓ Puts objects into container (10-12 mos.)
- ✓ Takes objects out of container (10-12 mos.)
- ✓ Pokes with index finger
- ✓ Tries to imitate scribbling

### COGNITIVE

- ✓ Explores objects in many different ways (shaking, banging, throwing, dropping) (8-10 mos.)
- ✓ Finds hidden objects easily (10-12 mos.)
- ✓ Looks at correct picture when image is named
- ✓ Imitates gestures (9-12 mos.)

### LANGUAGE MILESTONES

- ✓ Responds to simple verbal requests
- ✓ Responds to “no”
- ✓ Makes simple gestures such as shaking head for no
- ✓ Babbles with inflection (8-10 mos.)
**LANGUAGE MILESTONES (cont)**

- ✓ Babbles “dada” and “mama” (8-10 mos.)
- ✓ Says “dada” and “mama” for specific person (11-12 mos.)
- ✓ Uses exclamations such as “oh-oh”

**SOCIAL/EMOTIONAL**

- ✓ Shy or anxious with strangers (8-12 mos.)
- ✓ Cries when mother or father leaves (8-12 mos.)
- ✓ Enjoys imitating people in his play (10-12 mos.)
- ✓ Shows specific preferences for certain people and toys (8-12 mos.)
- ✓ Prefers mother and/or regular care provider over all others (8-12 mos.)
- ✓ Repeats sounds or gestures for attention (10-12 mos.)
- ✓ Finger-feeds himself (8-12 mos.)
- ✓ Extends arm or leg to help when being dressed

**DEVELOPMENTAL RED FLAGS (8 TO 12 MONTHS)**

- ✓ Does not crawl
- ✓ Drags one side of body while crawling (for over one month)
- ✓ Cannot stand when supported
- ✓ Does not search for objects that are hidden (10-12 mos.)
- ✓ Says no single words (“mama” or “dada”)
- ✓ Does not learn to use gestures such as waving or shaking head
- ✓ Does not sit steadily by 10 months
- ✓ Does not show interest in “peek-a-boo” or "patty cake" by 8 mos.
- ✓ Does not babble by 8 mos. (“dada,” “baba,” “mama”)

**COMMENTS:**

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### DEVELOPMENTAL CHECKLIST - 12 TO 24 MONTHS

**CHILD’S NAME:**

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**DATE OF BIRTH:**

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**TODAY’S DATE:**

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**OBSERVED**

### MOVEMENT
- ✓ Walks alone (12-16 mos.)
- ✓ Pulls toys behind him while walking (13-16 mos.)
- ✓ Carries large toy or several toys while walking (12-15 mos.)
- ✓ Begins to run stiffly (16-18 mos.)
- ✓ Walks into ball (18-24 mos.)
- ✓ Climbs onto and down from furniture unsupported (16-24 mos.)
- ✓ Walks up and down stairs holding on to support (18-24 mos.)

### HAND AND FINGER SKILLS
- ✓ Scribbles spontaneously (14-16 mos.)
- ✓ Turns over container to pour out contents (12-18 mos.)
- ✓ Builds tower of four blocks or more (20-24 mos.)

### LANGUAGE
- ✓ Points to object or picture when it’s named for them (18-24 mos.)
- ✓ Recognizes names of familiar people, objects, and body parts (18-24 mos.)
- ✓ Says several single words (15-18 mos.)
- ✓ Uses two-word sentences (18-24 mos.)
- ✓ Follows simple, one-step instructions (14-18 mos.)
- ✓ Repeats words overheard in conversations (16-18 mos.)

### COGNITIVE
- ✓ Finds objects even when hidden under 2 or 3 covers
- ✓ Begins to sort shapes and colors (20-24 mos.)
- ✓ Begins make-believe play (20-24 mos.)

### SOCIAL
- ✓ Imitates behavior of others, especially adults and older children (18-24 mos.)
- ✓ Increasingly enthusiastic about company or other children (20-24 mos.)
- ✓ Demonstrates increasing independence (18-24 mos.)
- ✓ Begins to show defiant behavior (18-24 mos.)
- ✓ Episodes of separation anxiety increase toward midyear, then fade
DEVELOPMENTAL RED FLAGS (12 TO 24 MONTHS)

- Cannot walk by 18 months
- Fails to develop a mature heel-toe walking pattern after several months of walking, or walks exclusively on toes
- Does not speak at least 15 words by 18 months
- Does not use two-word sentences by age 2
- By 15 months does not seem to know the function of common household objects (brush, telephone, bell, fork, spoon)
- Does not imitate actions or words by 24 mos.
- Does not follow simple one-step instructions by 24 mos.

COMMENTS:

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